Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Uyttersprot Katrien

Coaches: Claes Steven HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:5, starttime: 09:10

Heat: 5/19 Lane : 6 Athlete: VERMOESEN ESTéE **Q-time: 01:40:01**

PB (25m pool): **01:40.01** **Gemeentelijk zwembad Heuvelkou 11/12/2026** **PB (50m pool):** 01:44.22 **SB:** 01:40.01 Gemeentelijk zwembad Heuvelkou 1

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.78		01:40.01	
		00:46.78		*00:53.23*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:7, starttime: 09:15

Heat: 7/19 Lane : 6 Athlete: DE WILDE HANNE **Q-time: 01:35:83**

PB (25m pool): **01:35.83** **Sint-Amandsberg 19/10/2025** **PB (50m pool):** 01:37.44 **SB:** no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.86		01:35.83	
		00:44.86		*00:50.97*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ Heat:3, starttime: 09:45

Heat: 3/14 Lane : 4 Athlete: CLAES TIEBE **Q-time: 01:26:16**

PB (25m pool): **01:26.16** **Kapelle-op-den-Bos 19/04/2026** **PB (50m pool):** no time **SB:** 01:28.82 Kapelle-op-den-Bos 11/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.16	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: DDAT

Event number: 14: 100M MEDLEY MEN 13+ — Heat:4, starttime: 09:45

Heat: 4/14 Lane : 6 Athlete: VANDEPITTE KYAN — **Q-time: 01:24:57**

PB (25m pool): 01:24.57 Kapelle-op-den-Bos 11/10/2026 **PB (50m pool):** no time **SB:** 01:24.57 Kapelle-op-den-Bos 11/10/2026

	25M	50M	75M	100M	
PB		no time		01:24.57	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:14, starttime: 10:35

Heat: 14/20 Lane : 6 Athlete: DE WILDE HANNE — **Q-time: 00:35:26**

PB (25m pool): 00:35.26 Leuven 04/10/2026 **PB (50m pool):** 00:35.85 **SB:** 00:35.26 Leuven 04/10/2026

	25M	50M	
PB		00:35.26	
	00:35.26		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:15, starttime: 10:35

Heat: 15/20 Lane : 3 Athlete: VERMOESEN ESTéE — **Q-time: 00:34:93**

PB (25m pool): 00:34.93 Leuven 04/10/2026 **PB (50m pool):** 00:35.46 **SB:** 00:34.93 Leuven 04/10/2026

	25M	50M	
PB		00:34.93	
	00:34.93		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:3, starttime: 10:50

Heat: 3/9 Lane : 3 Athlete: VANDEPITTE KYAN — **Q-time: 02:55:39**

PB (25m pool): 02:55.39 Vilvoorde 01/03/2026 **PB (50m pool):** 02:58.41 **SB:** 02:56.90 Tienen 27/09/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:42.20		01:26.87		no time		02:55.39
	00:42.20		*00:44.67*					
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: DDAT

Event number: 17: 200M BACKSTROKE MEN 13+ **Heat:4, starttime: 10:55**

Heat: 4/9 Lane : 2 Athlete: CLAES TIEBE **Q-time: 02:52:79**

PB (25m pool): 02:52.79 Zwembad De Motte 14/07/2026 **PB (50m pool):** 02:54.94 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:40.26		01:24.34		no time		02:52.79
		00:40.26		*00:44.08*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: